



Sunderland Cardiac Support Group

Part of the BHF Independent Group Network
Financially supported by the Red Sky Foundation



Run by heart patients for heart patients.

Referral Form

This form is for the referral of a person for membership of The Sunderland Cardiac Support Group.

To be approved by a doctor or healthcare professional to participate in a cardiac exercise class, run by qualified fitness trainers

I believe (Mr) (Mrs) (Ms)

will be able to participate and benefit from joining the above group to do gentle exercise at their own pace.

GP or Health Professional NAME:

GP or Health Professional SIGNATURE:

Name of referring GP practice or Organisation:

.....

Date:

Sessions are held at the Bede Tower, Burdon Road, Sunderland SR2 7EA.

Website: www.sunderlandcardiac.org.uk

Supported by:

